

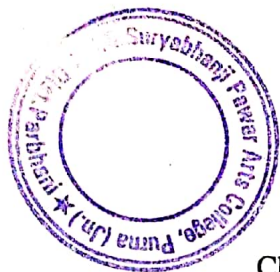


Best practice -1
Activities 2019-20

Training programme for women adolescent girl and children regarding Home science activities.

Every year Department of Home-Science organizes various training programme and activities for women. Adolescent girls and children. During the academic year 2019-20 activities planned and implemented are given below.

Sr. No.	Name of the activity	Date	No. of Beneficiaries
01	Seed Boll plantation	27/07/2019	30
02	Health conscious diet during Navratri utsav awareness workshop	30/09/2019	50
03	Oral paper presentation in 107 th Indian Science Congress at Bangalore on CGNC Activities	3-7/01/2020	100
04	Guest lecture on home science subject	12/02/2020	30
05	Dish decoration competition	13/02/2020	10
06	Wall paper on food and Nutrition	25/01/2020	50
07	Food and Nutrition Awareness Guest Lecture	25/01/2020	50
08	Soft toy Making Workshop	25/01/2020	50
09	Indoor Plants Care and Management	07/03/2020	40
10	Field visit for Laundry Study	09/03/2020	12
11	Home Science webinar for development	02/05/2020	190



Best Practices II
Child Guidance and Nutrition Counselling Centre
Activities 2019-20

Child guidance and Nutrition counselling centre was established in Feb 2017 in the department of Home-Science. From its establishment various activities are run through CGNC in the academic year 2019-20 following activities were taken by the Home- Science department.

Sr. No.	Name of the Activity	Date	No. Of Benefisharies	No. of Teacher and students Participated
01	IQ testing of children in local community	June 19 to April 2020	24	07
02	BMI calculation	June 2019 to April 2020	70	07
03	Diet Counselling	June 2019 to April 2020	20	07
04	Therapeutic diet counselling	June 2019 to April 2020	12	07
05	Counselling to Pregnant women	June 2019 to April 2020	10	07
06	Counselling to Lactating mothers	June 2019 to April 2020	10	07
07	Counselling to middle age women about Health	June 2019 to April 2020	16	07